

## SPEAKERS:

- Excmo. Sr. D. Fernando Lamata**, Consejero de Salud y Bienestar Social, Castilla La Mancha Government
- Luis Escribano**, MD, PhD. Director, Centro de Estudios de Mastocitosis de Castilla La Mancha (CLMast)
- Alberto Orfao**, MD, PhD. Servicio de Citometría, CIC, Universidad de Salamanca, Salamanca, Spain.
- Mariana Castells**, MD, PhD. Associate Professor in Medicine  
Harvard Medical School, Brigham and Women's Hospital.
- Iván Álvarez-Twose**, MD. Centro de Estudios de Mastocitosis de Castilla La Mancha (CLMast)
- Laura Sánchez**, MD, PhD. Centro de Estudios de Mastocitosis de Castilla La Mancha (CLMast)
- Isabel Sánchez Matas**, MD. Centro de Estudios de Mastocitosis de Castilla La Mancha (CLMast)
- Almudena Matito**, MD. Centro de Estudios de Mastocitosis de Castilla La Mancha (CLMast)
- Sergio Vañó Galván**, MD. Department of Dermatology, Hospital Ramón y Cajal, Madrid, Spain.
- Alfonso Verdú**, MD, PhD. Department of Pediatrics, Hospital Virgen de la Salud, Toledo, Spain.
- Jody Bachiman**: The Mastocytosis Society (TMS)
- Irene Wilson**: UK Masto Group
- Andrea König**: Mastrozytose Initiative – Selbsthilfenetzwerk
- Dr. D. Ramón Gálvez Zaloña**: Dir. Gerente CHT
- Mercedes Martín**: AEDM
- Rosa M<sup>a</sup> de Prada Villamor**: Nurse CLMast
- Benita Moraleda**: Supervisora de Enfermería CLMast
- David González de Olano, MD**: Servicio Alergología Htal de Fuenlabrada.

## GENERAL INFORMATION:

### Official language

The official language will be English. Simultaneous translation will be available. In addition, attendees will be helped if they need support in French, Spanish, or Portuguese.

### Organizing Committee

- Consejería de Salud y Bienestar Social, Gobierno de Castilla La Mancha
- Servicio de Salud de Castilla La Mancha (SESCAM)
- Fundación para la Investigación Sanitaria de Castilla la Mancha. (FISCAM)
- Asociación Española de enfermos de Mastocitosis (AEDM)
- Centro de Estudios de Mastocitosis de Castilla La Mancha (CLMast)

### Congress Secretariat

Please, send all your e-mails to:

Elena González

Jesús Velasco

[secretariacmast.cht@sescam.jccm.es](mailto:secretariacmast.cht@sescam.jccm.es)

### Scientific Committee

Luis Escribano, MD, PhD

Alberto Orfao MD, PhD

Mariana Castells, MD, PhD

Iván Álvarez-Twose, MD

Laura Sánchez, MD, PhD

Isabel Sánchez Matas, MD

Almudena Matito, MD

### CERTIFICATE OF ATTENDANCE:

A certificate of attendance will be given to all participants at the end of the congress.

### CATERING:

Lunches and coffee will be served in the catering area.

### LOCATION:

“Centro Cultural de Caja Castilla La Mancha – Palacio de Benacazón – C/ Recoletos nº 1 – Toledo”



Palacio de Benacazón

## Mastocytosis

First International Meeting for:  
Patients  
Allergists, Dermatologists  
General Practitioners  
Care Providers



Centro de estudio de Mastocitosis de Castilla – La Mancha (CLMast)

Red Española de Mastocitosis (REMA)  
Hospital Virgen del Valle, Toledo, Spain



## PROGRAM

### THURSDAY JUNE 18, 2009

- 8:30 Registration of Participants**  
**9:00 Opening and Welcome**  
Dr. D. Fernando Lamata  
**9:15 The Centro de Estudios de Mastocitosis (CLMast) a mastocytosis center with a worldwide orientation. Admission paperwork**  
Dr. D. Ramón Gálvez

#### SESSION I

**Reference Centers for “Orphan Diseases”. The Experience of Patients’ Associations**

Chairs: J Bachiman, I Wilson, A König

- 9:30 The Mastocytosis Society (TMS), USA**  
Jody Bachiman  
**9:45 Asociación Española de Mastocitosis (AEDM)**  
Mercedes Martín  
**10:00 UK Masto Group**  
Irene Wilson  
**10:15 Mastozytose Initiative-Selbsthilfenetzwek**  
Andrea König M.A.  
**10:30 Discussion**  
**11:00 Coffee Break**

#### SESSION II

- 11:30 Biology of mast cells: a comprehensive approach to mast cells mediators and symptoms**  
D. González Olano

#### SESSION III

**Pediatric mastocytosis**

Chairs: L Escribano, M Castells

- 12:00 Basic Concepts in diagnosis and differences in clinical behaviour at onset. Concepts on the prognosis of pediatric mastocytosis**  
L Escribano  
**12:15 Basic concepts in the treatment including the role of parents and care providers**  
L Escribano  
**12:30 Role of local care of skin in the treatment**  
Dr. Sergio Vañó.

**12:45 Autism-related symptoms in pediatric mastocytosis**

- A Verdú  
**13:00 Clinical Questionnaire in children**  
R.M. de Prada Villamor  
B. Moraleda

**13:30 Lunch**

- 15:00 Panel questions on pediatric mastocytosis**  
L Escribano, I Sánchez Matas, S Vañó, A Matito, A Verdú

#### SESSION IV

**Adult mastocytosis**

Chairs: A Orfao, I Álvarez-Twose

- 16:30 Basic Concepts in diagnosis and classification**  
I Álvarez-Twose  
**16:45 Role of flow cytometry immunophenotyping in the diagnosis of mastocytosis**  
L Sánchez Muñoz  
**17:00 Clinical relevance of KIT mutations in mastocytosis**  
A Orfao  
**17:15 Coffee Break**  
**18:00 Basic concepts in the treatment of non-aggressive categories of the disease**  
I Sánchez Matas, A Matito  
**18:15 Is there a role of new targeted therapies in the treatment of mastocytosis?**  
I Álvarez-Twose  
**18:30 Discussion**  
**19:00 Dinner on your own**

### FRIDAY JUNE 19, 2009

#### SESSION V

**Mast cell activation disorders**

Chair: L Escribano, M Castells

- 9:30 A comprehensive approach to the so-called “Mast cell activation disorders”:  
nomenclature and symptoms**

- M Castells  
**9:45: Clonal vs. non clonal “Mast cell activation disorders”**  
I Álvarez-Twose  
**10:00 Treatment of Mast cell activation disorders**  
L Escribano  
**10:15 Discussion**

#### SESSION VI

**Triggers and Specific protocols for risk procedures in mastocytosis patients**

Chairs: M Castells, D. González Olano

- 11:00 Trigger factors in mastocytosis. An overview**  
M Castells  
**11:15 Non steroidal anti-inflammatory agents in mastocytosis**  
I Sánchez Matas

- 11:30 Coffee Break**  
**12:00 Allergy and Matocytosis.**  
D.González Olano

- 12:15 Anesthesia in mastocytosis  
Mastocytosis and pregnancy**  
A Matito

**12:30 Panel questions on adult mastocytosis**

L Escribano, A Orfao, M Castells, I Álvarez-Twose, I Sánchez Matas, A Matito

**13:30 Lunch**

- 16:00 Support group for parents**  
L Escribano, M Castells, , A Matito

- 16:00 Support group for adults**  
A Orfao, I Álvarez-Twose, L Sánchez Muñoz, I Sánchez Matas, D. González Olano.

**18:00 Concluding remarks**

- 18:00 Tour Centro de Estudios de Mastocitosis,  
Hospital Virgen del Valle**

## QUESTIONS FOR PANEL DISCUSSION

To submit your questions please send them by e-mail to:

[secretariacmast.cht@sescam.jccm.es](mailto:secretariacmast.cht@sescam.jccm.es)

Important note:

1. Please include the term Paediatric or adult mastocytosis for an easy selection and classification of questions
2. Please send only practical questions

**Deadline to receive your questions is May 30, 2009**

## IMPORTANT NOTES

**1. Deadline for registration: June 1<sup>st</sup> 2009**

**2. Registrations fees will be 150€.**

Phone: +34-925269335 (Dr. Luis Escribano)

925269336 (Dr. Álvarez-Twose)

925269350 (Dra. Laura Sánchez)

E-mail:

Dr. Luis Escribano: [lescribanom@sescam.jccm.es](mailto:lescribanom@sescam.jccm.es)

Dr. Iván Álvarez Twose: [ivana@sescam.jccm.es](mailto:ivana@sescam.jccm.es)

Dra. Laura Sánchez: [lsmunoz@sescam.jccm.es](mailto:lsmunoz@sescam.jccm.es)

Dra. Almudena Matito: [amatito@sescam.jccm.es](mailto:amatito@sescam.jccm.es)

Rosa Prada (Nurse): [rmprada@sescam.jccm.es](mailto:rmprada@sescam.jccm.es)

Elena González (Secretary)

Jesús Velasco (Secretary)

[secretariacmast.cht@sescam.jccm.es](mailto:secretariacmast.cht@sescam.jccm.es)

## Address

Hospital Virgen del Valle

Centro de Estudios de Mastocitosis de Castilla La

Mancha, Planta 3ª

Carretera de Cobisa s/n

Toledo E-45071

Spain